

Taekwondo Student Oath

This student oath is a pledge made by all students, to use their skill in a positive and respectful manor, and never to misuse the skills that they have acquired.

I shall observe the tenants of Taekwondo.

I shall respect the instructors and seniors.

I shall never misuse Taekwondo.

I shall be a champion of freedom and justice. I shall build a more peaceful world.

The Tenants of Taekwondo

The Tenants of Taekwondo are the core values that we require all Spirit Taekwondo members to adhere to both inside and outside the Dojang (Training Studio).

1. Courtesy (Ye Ui) - Maintaining good manners and appropriate etiquette at all times.

2. Integrity (Yom Chi) - Knowing right from wrong, and to have a guilty conscience when Knowingly doing wrong

3. Perseverance (In Nae) - To try, try and try again until a satisfactory outcome results

4. Self-Control (Guk Gi) - At all times to have control over ones thoughts and actions.

5. Indomitable Spirit (Baekjul Boolgool) - Having the spirit, or "guts", to stand up for something you believe in even if many people oppose you. More specifically to physical training, the willingness and attitude to constantly push your limits through training and performing with 100 % effort and commitment.